



EXTREME



SPORTS



Quiz

# EXTREME SKIING



**It is the most dangerous and exciting of all skiing events. It consists of skiing from the top to the bottom of a prescribed course by the shortest and fastest route possible**

# SKI-JUMPING



A sport or activity of skiing down a very long sloping platform and jumping off at the end to see how far you can travel through the air



# SNOWBOARDING



*An activity or sport of standing on a short wide board and moving very fast down a hill covered with snow*

# SNOWRAFTING



*An activity or sport  
of moving very fast  
down a hill  
covered with snow  
Sitting in a rubber boat*



# ICE-CANYONING



**A very dangerous sport  
in which you climb down  
deep and difficult canyons  
in the ground covered with ice**



# ICE DIVING



*An extreme sport  
in which you dive  
through a hole  
into a very cold sea  
that has ice  
on the top*

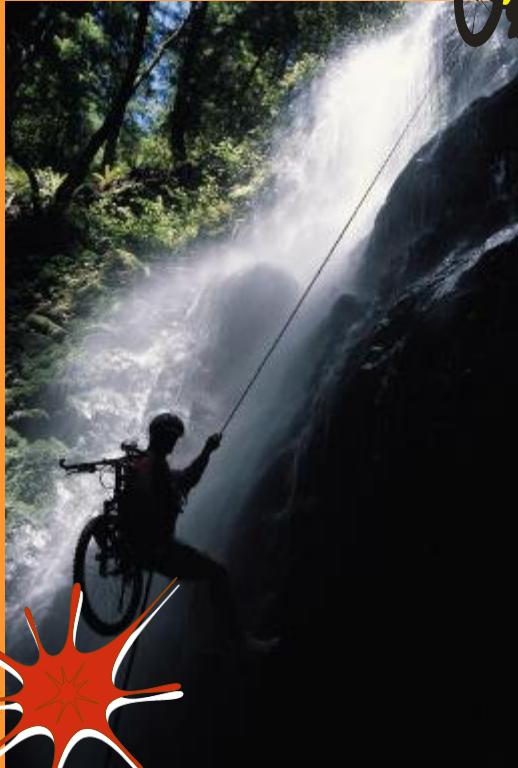
# Rock climbing



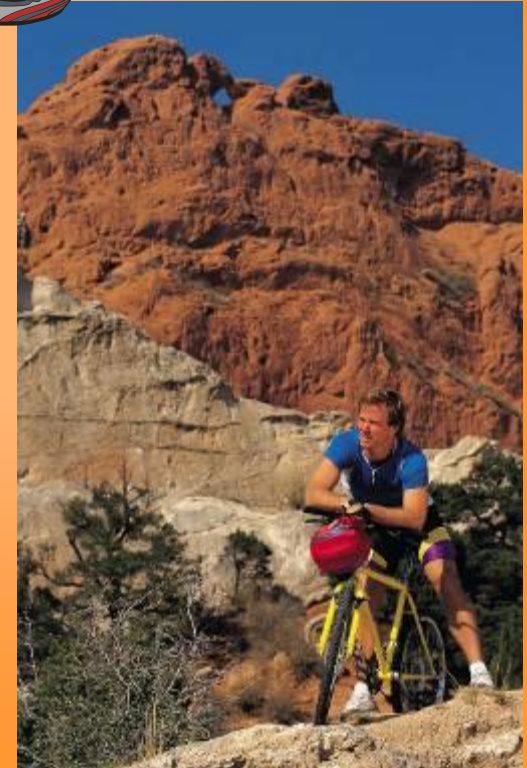
*An activity or sport  
of climbing up a mountain  
with or without ropes*



# EXTREME MOUNTAIN BIKING



The sport  
in which you need  
a mountain bike.  
A mountain bike is a  
strong bicycle with many  
gears, large wheels,  
wide tyres,  
and powerful brakes.  
This sport became very  
fashionable  
in the late 1980s.



# BUNGEE JUMPING

An activity of jumping off  
a high bridge,  
tied to a long rope





A sport or activity  
of moving a rubber boat  
through water and  
round rocks in a river  
that is flowing very fast

# WHITE WATER RAFTING



# SCUBA-DIVING



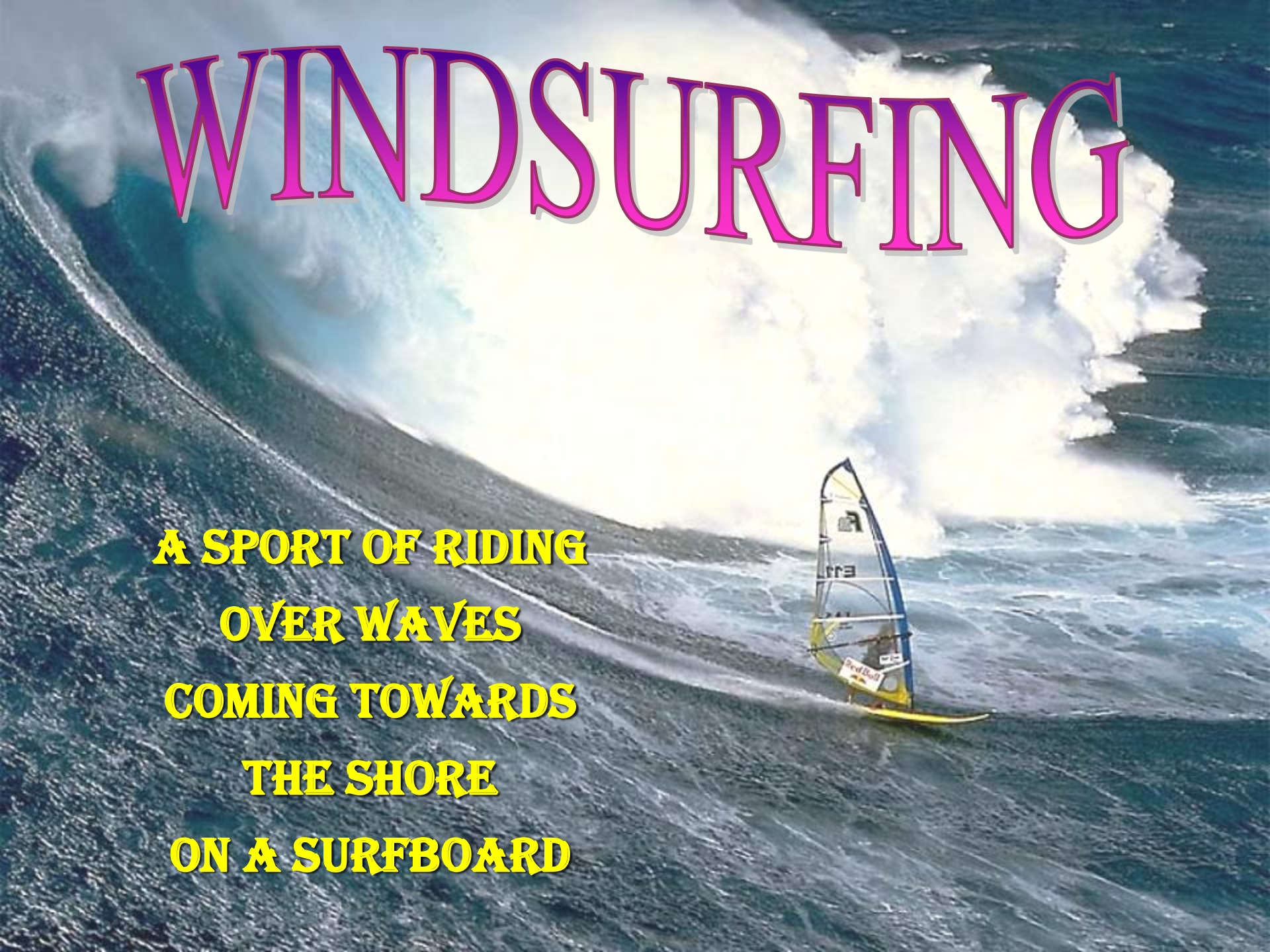
A sport or activity  
of swimming underwater  
with a scuba

# Surfing

**A SPORT OR ACTIVITY  
OF STANDING  
ON A LONG FLAT BOARD  
AND MOVING ACROSS  
WAVES IN THE SEA**



# WINDSURFING

A windsurfer is shown riding a large, curling wave. The windsurfer is on a yellow board with a blue and white sail. The wave is breaking, creating white foam. The background is a deep blue sea.

**A SPORT OF RIDING  
OVER WAVES  
COMING TOWARDS  
THE SHORE  
ON A SURFBOARD**

# SKY SURFING



*An extreme sport or activity of jumping out of a plane with a wide board on your feet, twisting through the air and opening your parachute very late*



What extreme sports  
can you see in this slide?

